

Mivolis Fat Blocker

Medical device | 30 tablets

Instructions for use - English translation

English translation of the German-language instructions in the supplied multilingual leaflet. This is not a manufacturer-issued English leaflet. Source information date: June 2024; source reference: 442_REV04 / G07.

Please read these instructions carefully before taking Mivolis Fat Blocker.

Intended use

Fat blocker to support a weight-reduction diet in people who are overweight, or for weight control as part of a fat-conscious diet.

What is Mivolis Fat Blocker?

Mivolis Fat Blocker is a medical device with a high binding affinity for fats in food. It contains prickly pear cactus powder, a plant-derived fiber complex obtained from *Opuntia ficus-indica*.

Use and dosage

For weight control as part of a fat-conscious diet; for the prevention and management of excess weight, particularly to support a reduced-fat diet by:

- Reducing the absorption of fat from food.
- Reducing calorie absorption from dietary fats.
- Prolonging the feeling of fullness after a meal.

For weight control: 2 tablets with each main meal.

For weight reduction: 3 tablets with each main meal.

Maximum: 9 tablets per day.

When taking Mivolis Fat Blocker, it is recommended that you drink sufficient fluids throughout the day.

Who should use Mivolis Fat Blocker?

- Adults with a body mass index (BMI) greater than 25.
- Adults with a BMI of 18.5-24.9 during periods of unavoidably high fat intake.

When should Mivolis Fat Blocker not be used?

Mivolis Fat Blocker should not be used by children and adolescents under 18 years of age, pregnant or breastfeeding women, people who are underweight (BMI below 18.5), or people with inflammatory gastrointestinal conditions.

Precautions and product information

Precautions

It is recommended that an interval of approximately **2 hours** be maintained between taking Mivolis Fat Blocker and oral contraceptives, fat-soluble medicines or vitamin preparations.

After **30 days of continuous use**, take a break of **3-5 days**.

Warnings

Mivolis Fat Blocker contains traces of oxalic acid, which occurs naturally in many green vegetables. People with kidney disease or kidney stones should therefore not take this product regularly.

Mivolis Fat Blocker may indirectly affect blood glucose levels. People with diabetes may need to have their treatment adjusted with the help of their doctor to avoid hypoglycemia (low blood glucose).

If in doubt, or if you are taking cholesterol-lowering medicines or other medicines, consult a doctor or pharmacist before taking this medical device.

Side effects

In rare cases, a temporary feeling of fullness and flatulence may occur.

If hypersensitivity reactions occur, such as skin rashes, itching, mild swelling or mild gastrointestinal disturbances, discontinue use.

Use-by date

See the information on the packaging.

Storage

- Keep out of reach of children and store in a dry place.
- Do not store below 4°C or above 25°C.

Composition

Active component: Prickly pear cactus powder.

Excipients: Cellulose and microcrystalline cellulose, sorbitol, magnesium stearate, sodium starch glycolate, silicon dioxide.

Contents: 30 tablets.

Information last revised: June 2024.

Manufacturer and distributors

Manufacturer: Dr. Kleine Pharma GmbH, Heidsieker Heide 114, DE-33739 Bielefeld, Germany.

Distributed by: dm-drogerie markt GmbH + Co. KG, Am dm-Platz 1, DE-76227 Karlsruhe, Germany. www.dm.de

Distributor in Austria: dm drogerie markt, AT-5071 Wals, Austria. www.dm.at

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